

Amesbury MA

**The Salvation Army, Hampton #120  
(Food Pantry)**

418 Lafayette Rd.  
Amesbury MA 03842

**Hours:** Mon: 9:00 AM to 3:00 PM  
Tue: 9:00 AM to 3:00 PM  
Wed: 9:00 AM to 3:00 PM  
Thu: 9:00 AM to 3:00 PM  
Fri: 9:00 AM to 3:00 PM

**Contact:** Major Donna Marie Reed (603) 929-1729

Portland ME

**Preble Street Pantry #112  
(Food Pantry)**

252 Oxford St  
Portland ME 04104

**Hours:** Thu: 1:30 PM to 3:00 PM

**To Obtain Assistance:**

Visit during operating hours  
Assistance available 1 time Every Week

**Contact:** Sue Ellen Whitmore (207) 874-6560

**Website:** [www.preblestreet.org](http://www.preblestreet.org)

**Bread of Life Food Pantry #117  
(Food Pantry)**

71 Zion Hill Rd.  
Amesbury MA 03079

**Hours:** Mon: 10:00 AM to 12:00 PM  
Closed on Holidays.

**Contact:** Kristen Flagg

Kittery ME

**Footprints Food Pantry #54  
(Food Pantry)**

37 Old Post Road  
Kittery ME 03904

**Hours:** Wed: 10:00 AM to 1:00 PM

**To Obtain Assistance:**

Call (207) 439-4673

**Contact:** Barbara Fernald (207) 439-4673

**Miscellaneous Information:**

stock food on Tuesday, 8:30-10:30 AM

Barrington NH

**Barrington Community Food Pantry  
(Food Pantry)**

105 Ramsdell Lane  
Barrington NH 03825

**Hours:** Thu: 6:00 PM to 7:30 PM

Also contact Richard Conway, rich:  
Katie

**To Obtain Assistance:**

Call (603) 664-9007

**Contact:** Carolyn Berryman (603) 664-9007

**Website:** [www.barrington.nh.gov/TownHall](http://www.barrington.nh.gov/TownHall)

Brentwood NH

**Pilgrim UCC Food Pantry #17  
(Food Pantry)**

Pilgrim United Church of Christ  
197 Middle Road  
Brentwood NH 03833

**Hours:** Hours available by appointment  
Hours by appointment Tue to Fri.

**To Obtain Assistance:**

Call (603) 778-3189

**Contact:** Kim McKerley (603) 778-3189 pilgrimucc@pilgrimucc-nh.org

Concord NH

**Concord CAP #65  
(Food Pantry)**

2 Industrial Park Dr Bldg 2  
Concord NH 03301

**Hours:** Fri: 12:00 PM to 4:00 PM

**To Obtain Assistance:**

Call (603) 225-6880

Visit during operating hours

clients may access the pantry once every 30 days

**Contact:** Barbara Chellis (603) 225-6880  
bchellis@bm-cap.org

**Other Services:**

fuel & elec assist, emergency rental, WIC, CSFP,  
Weatherization,

Danville NH

**Danville Food Pantry #48  
(Food Pantry)**

210 Main Street  
Danville NH 03819

**Hours:** Hours available by appointment  
By Appointment Monday thru Friday

**Contact:** Doreen Moore (603) 382-8253

Deerfield NH

**Deerfield Community Church FP #29  
(Food Pantry)**

15 Church Street  
Deerfield NH 03037

**Hours:** Fri: 10:00 AM to 12:00 PM

Pantry open last Friday of the month except Nov. & Dec. Call for times.

**To Obtain Assistance:**

Call (603) 463-7800

**Contact:** Faith Barry (603) 463-7800 faithnorsefarm@msn.com

**Website:** [deerchurch.com/wp/?page\\_id=85](http://deerchurch.com/wp/?page_id=85)

**Other Services:**

Weekly produce distributed during summer, call for times

Derry NH

**First Baptist Church (FBC) #35  
(Food Pantry)**

4 Crystal Avenue  
Derry NH 03038

**Hours:**

**To Obtain Assistance:**

Call (603) 421-1897

**Contact:** Judy Jurentkuff (603) 432-7527

**Website:** [fbcerry.com](http://fbcerry.com)

**The Upper Room #121  
(Food Pantry)**

36 Tsienneto Rd.  
Derry NH 03038

**Hours:** Mon: 11:00 AM to 1:00 PM

**Contact:** Gale Stanley (603) 887-5628

Derry NH

**Sonshine #26  
(Soup Kitchen)**

4 Crystal Avenue  
Derry NH 03038

**Hours:** Mon: 1:00 PM to 6:00 PM

Tue: 1:00 PM to 6:00 PM

Wed: 1:00 PM to 6:00 PM

Thu: 1:00 PM to 6:00 PM

Fri: 1:00 PM to 6:00 PM

also contact: Christine Fudala (Wed-Fri)

**To Obtain Assistance:**

Dover NH

**Dover Food Pantry #9  
(Food Pantry)**

1 Silver Street  
Dover NH 03820

**Hours:** Thu: 9:00 AM to 12:00 PM

**To Obtain Assistance:**

Call (603) 742-5664

Visit during operating hours

**Contact:** Karen Robichaud (603) 742-4235

**CAP Outreach Dover #21  
(Food Pantry)**

61 Locust Street  
Suite 333  
Dover NH 03820

**Hours:** Mon: 9:00 AM to 3:00 PM

Tue: 9:00 AM to 3:00 PM

Wed: 9:00 AM to 3:00 PM

Thu: 9:00 AM to 3:00 PM

Fri: 9:00 AM to 3:00 PM

**Contact:** Heidi Clough (603) 749-1334 hclou

Call (603) 437-2833

Contact: Christine Fudala (603) 437-2833 sskprogram@myfairpoint.net

Website: [www.sonshinesoupkitchen.org](http://www.sonshinesoupkitchen.org)

**Miscellaneous Information:**

We offer a meal Monday through Friday at 4:30 pm to anyone who needs it at the first baptist church.

**Dover NH**

**Seymour Osman Center Snack Program #49  
(Snack Program)**

Seymour Osman Community Center  
40 Hampshire Circle  
Dover NH 03820

Hours: Mon: 3:00 PM to 6:00 PM  
Tue: 3:00 PM to 6:00 PM  
Wed: 3:00 PM to 6:00 PM  
Thu: 3:00 PM to 6:00 PM  
Fri: 3:00 PM to 6:00 PM

**To Obtain Assistance:**

Call (603) 749-6692x1

Snack program available to student participants of after school program.

Assistance available 1 time Every 12 Months

Contact: Thad Mandsager (603) 749-6692x1 thad@doverhousingauthority.org

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**Durham NH**

**Church of St. Thomas More FP #69  
(Food Pantry)**

6 Madbury Road  
Durham NH 03824

Hours: Thu: 4:00 PM to 6:00 PM

**To Obtain Assistance:**

Call (603) 868-2666

Visit during operating hours

Assistance available 1 time Every 2 Weeks

Contact: Cindy Racic (603) 781-0945 cynth95419@aol.com

**Epping NH**

**Epping Baptist Church #107  
(Food Pantry)**

243 Route 27  
Epping NH 03042

Hours: second and third Friday of month, 1-2:30pm

**To Obtain Assistance:**

Visit during operating hours

Contact: Tori Freeman (603) 778-3748

**Dover Friendly Kitchen #18  
(Food Pantry)**

St. Thomas Episcopal Church  
5 Hale St.  
Dover NH 03820

Hours: Tue: 5:00 PM to 6:00 PM  
Thu: 5:00 PM to 6:00 PM

**To Obtain Assistance:**

Call (603) 742-3155

Visit during operating hours

Contact: Marguerite Ferrer fe26mj@hotmail.com

**Cornucopia Food Pantry #23  
(Food Pantry)**

Waysmeet Center  
15 Mill Road  
Durham NH 03824

Hours: Tue: 4:00 PM to 5:30 PM  
Fri: 12:00 PM to 2:00 PM

Permanently located at the basement of the Waysmeet Center on 15 Mill Road, Durham, NH, 03824

**To Obtain Assistance:**

Call (603) 862-1165

Director: Larry Brickner-Wood;  
waysmeet@comcast.net

Contact: Gabrielle Moen (603) 862-1165  
waysmeet@comcast.net

Website: [www.cornucopia.unh.edu](http://www.cornucopia.unh.edu)

**Epping Community Church #40  
(Food Pantry)**

RT-27-Main Street  
Epping NH 03042

Hours: Thu: 9:00 AM to 11:00 AM  
Sat: 9:00 AM to 11:00 AM

Hours available by appointment

Please call Greater Raymond Community Action for contact information

**To Obtain Assistance:**

Call (603) 895-2303

Soup of the day provided Thursday's 11:00-12:30

Contact: Any Staff

Website: [eccnh.org/index.php?nid=126474&s=mn](http://eccnh.org/index.php?nid=126474&s=mn)

**Miscellaneous Information:**

also: Melissa Fredericks mfredericks@co.

**Our Daily Bread #20  
(Food Pantry)**

St. Joseph's Church, 150 Central Avenue  
(FP entrance at 180 Locust St.)  
Dover NH 03820

Hours: Tue: 9:00 AM to 12:00 PM  
Wed: 9:00 AM to 12:00 PM  
Sat: 10:30 AM to 12:00 PM

**To Obtain Assistance:**

Call (603) 742-4837

Visit during operating hours

Contact: Shelia Cronin (603) 332-7701x16 s

**East Kingston NH**

**East Kingston Food Pantry #39  
(Food Pantry)**

24 Depot Road  
East Kingston NH 03827

Hours: Mon: 8:00 AM to 3:00 PM

Tue: 8:00 AM to 3:00 PM

Wed: 8:00 AM to 3:00 PM

Thu: 8:00 AM to 3:00 PM

Fri: 8:00 AM to 3:00 PM

Hours available by appointment  
appointment needed

**To Obtain Assistance:**

Call (603) 642-8406

Assistance available 1 time Every 2 Months

Contact: Cheryl Hurteau (603) 642-8406 ch

**Exeter NH**

**St. Vincent de Paul - Exeter #5  
(Food Pantry)**

53 Lincoln Street  
PO Box 176  
Exeter NH 03833

Hours: Mon: 7:00 PM to 8:00 PM

Tue: 7:00 PM to 8:00 PM

Wed: 1:00 PM to 2:00 PM

Thu: 7:00 PM to 8:00 PM

Fri: 1:00 PM to 2:00 PM

visit us at - <http://svdpexeter.com>  
program.

**To Obtain Assistance:**

Call (603) 772-9922

Visit during operating hours

Check our website for a full list of other

Assistance available 1 time Every Month

Contact: Any Volunteer (603) 772-9922 svd

Website: [www.svdpxeter.com](http://www.svdpxeter.com)

**Other Services:**

Limited direct financial assistance once explored

**Miscellaneous Information:**

Serving SAU 16: Brentwood, Exeter, Kings Stratham

### Farmington NH

#### **Strafford CAP Farmington Outreach Food Pantry #52 (Food Pantry)**

Strafford CAP Farmington  
527 Main Street  
Farmington NH 03835

**Hours:** Mon: 8:00 AM to 12:00 PM  
Tue: 8:00 AM to 12:00 PM  
Wed: 8:00 AM to 12:00 PM  
Thu: 8:00 AM to 12:00 PM  
Fri: 8:00 AM to 12:00 PM  
Additional times by appointment.

**To Obtain Assistance:**

Call (603) 755-9305  
Assistance available 1 time Every Month

**Contact:** Janette Plaisted, (603) 755-9305 [jplaisted@metrocast.net](mailto:jplaisted@metrocast.net)

**Other Services:**

Fuel Assistance, Electric Assistance, Holiday Programs

### Greenland NH

#### **Community Congregational Church Food Pantry #53 (Food Pantry)**

Community Congregational Church (UCC)  
44 Post Road  
Greenland NH 03840

**Hours:** Wed: 10:00 AM to 12:00 PM

**To Obtain Assistance:**

Call (603) 436-8336  
Assistance available 1 time Every Week

**Contact:** Donna Lee Lewis, Trudi (603) 436-8336 [greenlanducc@myfairpoint.net](mailto:greenlanducc@myfairpoint.net)

### Interfaith Food Pantry #51 (Food Pantry)

First Congregational Church  
400 Main Street  
Farmington NH 03835

**Hours:** Sat: 9:30 AM to 10:30 AM  
Last Saturday of the Month

**Contact:** Donald Marble (603) 755-4816  
[firstcongofarmington@metrocast.net](mailto:firstcongofarmington@metrocast.net)

**Miscellaneous Information:**

Mustard Seed Cafe serves community meals the 1st and 3rd Sunday, 3-5 PM.

### Fremont NH

#### **Fremont Food Pantry #42 (Food Pantry)**

PO Box 97  
Fremont NH 03044

**Hours:** Hours available by appointment

**To Obtain Assistance:**

Call (603) 895-1162

**Contact:** Stephanie Sim-Vallierre (603) 895

### Hampstead NH

#### **St Anne's Ecumenical #38 (Food Pantry)**

St. Anne's  
26 Emerson Ave  
Hampstead NH 03841

**Hours:** Thu: 10:00 AM to 12:00 PM

**To Obtain Assistance:**

Call (603) 329-5886

**Contact:** Fran Rosenau (603) 887-5131  
[fsrosenau@mva.net](mailto:fsrosenau@mva.net)

**Website:** [saintannechurchnh.org/ecumenical-food-pantry.asp](http://saintannechurchnh.org/ecumenical-food-pantry.asp)

### Hampton NH

#### **Town of Hampton #27 (Food Pantry)**

100 Winnacunnet Road  
Hampton NH 03842

**Hours:** Mon: 9:00 AM to 1:00 PM  
Tue: 9:00 AM to 1:00 PM  
Wed: 9:00 AM to 5:00 PM  
Thu: 9:00 AM to 1:00 PM  
Fri: 9:00 AM to 1:00 PM  
Appointments preferred - 926.594

**To Obtain Assistance:**

Call (603) 926-5948

Visit during operating hours

**Contact:** Michelle Kingsley (603) 926-5948

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### Hampton NH

#### **St. Vincent de Paul - Hampton #1 (Food Pantry)**

Our Lady of the Miraculous Medal Church  
289 Lafayette Rd  
Hampton NH 03842

**Hours:** Mon: 10:30 AM to 12:30 PM  
Tue: 10:30 AM to 12:30 PM  
Thu: 10:30 AM to 12:30 PM  
Fri: 10:30 AM to 12:00 PM  
Place orders by phone. Pickup Mon, Tue or Thur evening 7-7:30PM.  
Friday 11:00 AM to 12:00 Noon

**To Obtain Assistance:**

Call (603) 929-4427  
Assistance available 1 time Every Month

**Contact:** Patrick Greenish (603) 929-4427

**Website:** [www.olmmparish.org/organizations/st-vincent-de-paul-society.cfm](http://www.olmmparish.org/organizations/st-vincent-de-paul-society.cfm)

**Other Services:**

Clothing. Limited rent/utility assistance available after town welfare rejection

### Trinity Episcopal Church #102 (Food Pantry)

200 High Street  
Hampton NH 03842

**Hours:** Sat: 10:00 AM to 12:00 PM

**To Obtain Assistance:**

Visit during operating hours

**Contact:** Thelma Hutton (603) 601-6622

**Website:** [www.trinityhampton.org/outreach.html](http://www.trinityhampton.org/outreach.html)

### Hampton Coalition #99 (Food Pantry)

Hobbs Center, Trinity Episcopal Church  
200 High Street  
Hampton NH 03842

**Hours:**

**Contact:** Nita Niemczyk (603) 926-4936 ma

### Hampton NH

#### **St. Vincent de Paul - Hampton Soup Kitchen #67 (Soup Kitchen)**

441R Lafayette Rd  
Seaside Elderly Center  
Hampton NH 03842

**Hours:** Mon: 5:00 PM to 6:30 PM  
Tue: 5:00 PM to 6:30 PM  
Wed: 5:00 PM to 6:30 PM  
Thu: 5:00 PM to 6:30 PM  
Fri: 5:00 PM to 6:30 PM  
Open mid-Oct. to mid-May

**To Obtain Assistance:**

Visit during operating hours

**Contact:** Patrick Greenish (603) 929-4427

**Other Services:**

### United Methodist Church #106 (Food Pantry)

525 Lafayette Road  
Hampton NH 03842

**Hours:** Wed: 9:30 AM to 11:30 AM

**To Obtain Assistance:**

Visit during operating hours

**Contact:** Laurie DuFour (603) 926-2702  
[hamptonumc@myfairpoint.net](mailto:hamptonumc@myfairpoint.net)

**Website:** [www.hamptonumc.net](http://www.hamptonumc.net)

### First Baptist Church #108 (Food Pantry)

34 Winnacunnet Road  
Hampton NH 03842

**Hours:** Mon: 9:30 AM to 12:00 PM  
Appointments can be made if unat

**To Obtain Assistance:**

Call (603) 926-3200

**Contact:** Viola Lamprey

**Website:** [hamptonbaptist.com/wordpress/](http://hamptonbaptist.com/wordpress/)

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### Kingston NH

#### Kingston Town Hall #43

##### (Food Pantry)

163 Main Street  
Kingston NH 03848

Hours: Hours available by appointment  
Monday thru Friday

##### To Obtain Assistance:

Call (603) 642-9971

Contact: Mike Priore; Ellen Faulconer (603) 642-9971

Website: [www.kingstonnh.org/departments/Welfare/Food%20Pantry%20Needs.pdf](http://www.kingstonnh.org/departments/Welfare/Food%20Pantry%20Needs.pdf)

### St Luke's Parish #50

#### (Food Pantry)

St. Frederick's Family Center  
3 New Boston Road  
Kingston NH 03848

Hours: Wed: 10:00 AM to 12:00 PM  
Thu: 6:00 PM to 7:00 PM

##### To Obtain Assistance:

Call (603) 642-5664

also by appointment; other phone: 382-6566  
Assistance available 1 time Every 12 Months

Contact: David Coddling (603) 329-5995  
davcod@comcast.net

##### Miscellaneous Information:

Emergency Hotline: 382-8324, x315

### Lee NH

#### Wilkinson Food Pantry #55

##### (Food Pantry)

Congregational Church  
17 Mast Road  
Lee NH 03824

Hours: Mon: 6:00 PM to 7:00 PM  
First and Third Monday of the Mon

##### To Obtain Assistance:

Call (603) 659-2861

Contact: Barbara Hartwell (603) 659-6200

### Milton NH

#### Strafford County CAP #56

##### (Food Pantry)

16 Commerce Way  
Milton NH 03851

Hours: Mon: 8:00 AM to 4:30 PM  
Tue: 8:00 AM to 4:30 PM  
Wed: 8:00 AM to 4:30 PM  
Thu: 8:00 AM to 4:30 PM  
Fri: 8:00 AM to 4:30 PM

##### To Obtain Assistance:

Call (603) 652-4863

Assistance available 1 time Every Month

Contact: Lynn Watts (603) 652-9893 watts@metrocast.net

##### Other Services:

Fuel Assistance/Electric Assistance Municipal Welfare Town of Milton

### New Durham NH

#### New Durham Food Pantry #57

##### (Food Pantry)

5 Main Street  
New Durham NH 03855

Hours: Sat: 12:00 PM to 1:00 PM

##### To Obtain Assistance:

Call (603) 859-5761

Contact: Judi Nicastro (603) 859-5761  
jjn@worldpath.net

### Newfields NH

#### Newfields Community Church #46

##### (Food Pantry)

71 Main Street  
Newfields NH 03856

Hours: Hours available by appointment

##### To Obtain Assistance:

Pastor's number is on answering machine

Contact: Pastor (603) 778-8626

Website: [www.newfieldscommunitychurch.org](http://www.newfieldscommunitychurch.org)

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### Newmarket NH

#### Newmarket Community Church #45

##### (Food Pantry)

10 North Main Street  
Newmarket NH 03857

Hours: Fri: 9:00 AM to 12:00 PM

##### To Obtain Assistance:

Call (603) 659-3892

Leave message or walk-in Fridays

Contact: Glenda Michalchuk (603) 397-2704 nmktcomchurch@myfairpoint.net

Website: [www.newmarketchurch.org/thriftshopfoodpantry.html](http://www.newmarketchurch.org/thriftshopfoodpantry.html)

### Northwood NH

#### Northwood EFP #31

##### (Food Pantry)

Town Hall  
Northwood NH 03261

Hours: Hours available by appointment  
only by appointment

##### To Obtain Assistance:

Referring agency needs to call pantry not client

Contact: Pat Jacobsmyer (603) 942-8912

### Nottingham NH

#### Higher Ground Baptist Church #11

##### (Food Pantry)

100 Old Turnpike Rd.  
Nottingham NH 03290

Hours: Tue: 9:00 AM to 10:00 AM

Contact: Bob LePage or George Jackman (603) 882-2222

### Nottingham NH

#### Liberty Baptist Church #30

##### (Food Pantry)

60 Freeman Hall Road  
Nottingham NH 03290

Hours: Tue: 6:30 PM to 8:00 PM

##### To Obtain Assistance:

Call (603) 942-8692

Contact: Jesse Killingsworth (603) 942-9237 jessekworth@comcast.net

### Nottingham Food Pantry #32

#### (Food Pantry)

17 Robin Hood Drive  
Nottingham NH 03290

Hours: Thu: 6:00 PM to 7:00 PM  
Third Thursday of the Month

Contact: Chelli Tennis (603) 679-5209  
chelliten@comcast.net

### Plaistow NH

#### Holy Angels Church #37

##### (Food Pantry)

Rectory  
8 Atkinson Depot Rd, rte 121  
Plaistow NH 03865

Hours:

##### To Obtain Assistance:

Call (603) 382-6566

any staff

Contact: Marie Farren (603) 275-6641 mfar

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### Portsmouth NH

#### Common Table #109

##### (Food Pantry)

St. John Episcopal Church  
101 Chapel Street  
Portsmouth NH 03801

Hours: Thu: 9:00 AM to 1:00 PM

### Operation Blessing Food Pantry #110

#### (Food Pantry)

600 Lafayette Rd.  
Portsmouth NH 03801

Hours: Mon: 10:00 AM to 4:00 PM  
Thu: 10:00 AM to 4:00 PM

### Salvation Army Soup Kitchen #25

#### (Soup Kitchen)

15 Middle Street  
Portsmouth NH 03801

Hours: Mon: 5:00 PM to 6:00 PM  
Tue: 5:00 PM to 6:00 PM

Contact: Judy Roberts (603) 778-2357 judyroberts7222@gmail.com

**Miscellaneous Information:**

Common Table is a free sit down meal served each Thursday from noon-1pm

Fri: 10:00 AM to 4:00 PM  
Hours available by appointment  
Portsmouth Area

Contact: Byron Grant (603) 436-8561  
volunteer@crossroadshouse.org

Wed: 5:00 PM to 6:00 PM  
Thu: 5:00 PM to 6:00 PM  
Fri: 5:00 PM to 6:00 PM  
Sat: 5:00 PM to 6:00 PM  
Sun: 5:00 PM to 6:00 PM

**To Obtain Assistance:**

Call (603) 436-2606

Contact: Laura O'Brien (603) 436-2606

Website: [portsmouth.salvationarmynh.org](http://portsmouth.salvationarmynh.org)

**Portsmouth NH**

**Connie's SK #103  
(Soup Kitchen)**

Seacoast Community Church  
397 Lafayette Rd.  
Portsmouth NH 03801

Hours: Tue: 12:00 PM to 1:00 PM

**To Obtain Assistance:**

email above is to Pastor

Contact: Connie Cooper (603) 436-8623 steve@sccnh.com

**Seacoast Community Church #104  
(Food Pantry)**

397 Lafayette Rd.  
Portsmouth NH 03801

Hours: Tue: 10:00 AM to 1:00 PM

Contact: Connie Cooper (603) 436-8623

**Emmanuel Assembly of Christ Church  
(Food Pantry)**

211 Bartlett St.  
Portsmouth NH 03801

Hours:

Contact: Mikki McGinnis

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**Portsmouth NH**

**Seacoast Consumer Alliance #101  
(Food Pantry)**

544 Islington Street  
Portsmouth NH 03801

Hours: Wed: 1:00 PM to 3:00 PM

Fri: 1:00 PM to 3:00 PM

**To Obtain Assistance:**

Call (603) 427-6966

With emergencies, call 427-6966 or 433-8679

Assistance available 1 time Every Month

Contact: Kathleen McNeill (603) 427-6966 SCallian@aol.com

**Gather #123  
(Food Pantry)**

210 West Rd  
Unit 3  
Portsmouth NH 03801

Hours: Mon: 9:00 AM to 5:00 PM

Tue: 9:00 AM to 5:00 PM

Wed: 9:00 AM to 5:00 PM

Thu: 9:00 AM to 5:00 PM

Fri: 9:00 AM to 1:00 PM

**To Obtain Assistance:**

Call (603) 436-0641

Visit during operating hours

Assistance available 1 time Every Month

Contact: Deb Anthony (603) 436-0641  
danthony@gathernh.org

Website: [www.gathernh.org](http://www.gathernh.org)

**Other Services:**

Meals 4 Kids, Meals 4 Srs., Pantry 2 Table, CSA

**Miscellaneous Information:**

Mobile Food 4 Kids and Individuals

**Operation Blessing #28  
(Food Pantry)**

600A Lafayette Road  
Portsmouth NH 03801

Hours: Mon: 10:00 AM to 4:00 PM

Thu: 10:00 AM to 4:00 PM

Fri: 10:00 AM to 4:00 PM

Hours available by appointment

back-up number: 766-8993

**To Obtain Assistance:**

Call (603) 430-8561

Call for appointment during operating hours

Assistance available 1 time Every Month

Contact: Gerry Sparkowich, Byron Grant (603) 436-2606  
operationblessing@comcast.net

**Other Services:**

Clothing, furniture, household items provided

**Portsmouth NH**

**Salvation Army Food Pantry #24  
(Food Pantry)**

15 Middle Street  
Portsmouth NH 03801

Hours: Mon: 10:00 AM to 3:00 PM

Tue: 10:00 AM to 3:00 PM

Wed: 10:00 AM to 3:00 PM

Thu: 10:00 AM to 3:00 PM

Hours available by appointment

prefer call ahead, but walk-ins welcome

**To Obtain Assistance:**

Call (603) 436-2606

Contact: Laura O'Brien (603) 436-2606

Website: [portsmouth.salvationarmynh.org](http://portsmouth.salvationarmynh.org)

**Miscellaneous Information:**

FPN: contact Donna Johnson for pantry issues:  
donna.johnson@USE.salvationarmy.org

**Seacoast Family Food Pantry #22  
(Food Pantry)**

7 Junkins Ave  
Portsmouth NH 03801

Hours: Mon: 9:00 AM to 1:00 PM

Tue: 2:00 PM to 6:30 PM

Wed: 9:00 AM to 3:00 PM

Thu: 2:00 PM to 6:30 PM

Fri: 9:00 AM to 1:00 PM

Hours available by appointment

**To Obtain Assistance:**

Call (603) 436-0641

Visit during operating hours

During Operating hours Families are served by  
Appointment. Please call a day or two in advance.

Assistance available 1 time Every Month

Contact: Deb Anthony (603) 436-6161  
danthony@gathernh.org

Website: [www.seacoastfamilyfoodpantry.org](http://www.seacoastfamilyfoodpantry.org)

**Other Services:**

Referral to other services available

**Miscellaneous Information:**

Walkers may visit agency twice a month

**Raymond NH**

**New Life Assembly of God #47  
(Food Pantry)**

84 Nottingham Road  
Raymond NH 03077

Hours: Sun: 8:30 AM to 10:00 AM

**To Obtain Assistance:**

Call (603) 895-6041

Leave Message for appointment

Contact: Laurie Comp (603) 895-6041 pmoc

### Raymond NH

#### **Greater Raymond Community Action #6 (Food Pantry)**

55 Prescott Rd  
Raymond NH 03077

**Hours:** Mon: 8:30 AM to 4:30 PM  
Tue: 8:30 AM to 4:30 PM  
Wed: 8:30 AM to 4:30 PM  
Thu: 8:30 AM to 4:30 PM  
Fri: 8:30 AM to 4:30 PM

Appointments are requested with proof of income

#### **To Obtain Assistance:**

Call (603) 895-2303  
Visit during operating hours

**Contact:** Ray Beeson (603) 895-2303 rbeeson@rcaction.org

#### **Other Services:**

Crisis assistance, Fuel and Electric assistance, weatherization.

### Rochester NH

#### **Salvation Army Soup Kitchen #73 (Soup Kitchen)**

10 Old Farm Lane  
Rochester NH 03867

**Hours:** Mon: 12:00 PM to 1:00 PM  
Wed: 12:00 PM to 1:00 PM  
Fri: 12:00 PM to 1:00 PM

**Contact:** John Rogan (603) 332-2623 john\_rogan@use.salvationarmy.org

### Rochester NH

#### **Gerry's Emergency Food Pantry #10 (Food Pantry)**

150 Wakefield St  
Rochester NH 03867

**Hours:** Mon: 1:00 PM to 3:15 PM  
Wed: 10:00 AM to 3:15 PM  
Fri: 1:00 PM to 3:15 PM

#### **To Obtain Assistance:**

Call (603) 330-3468  
Visit during operating hours  
Freq. of visits varies based on income, expenses, family size

**Contact:** Anne Ackerman (603) 330-3468  
gerrysfoodpantry@metrocast.net

#### **Other Services:**

also Linda Fernald Lferald@metrocast.net

#### **Miscellaneous Information:**

SHARE Fund monthly numbers 450+ people

### Grace Community Church Food Pantry (Food Pantry)

159 Rochester Hill Road  
Rochester NH 03867

**Hours:** By Appointment Only

**Contact:** Cece Quinn (603) 332-9689 cece@

#### **Miscellaneous Information:**

other contacts: Kelly Heon (coordinator)  
jan@graceplace.com

### Rollinsford NH

#### **Seeds of Faith, Inc. #98 (Food Pantry)**

1 Front St.  
#106

Rollinsford NH 03869

**Hours:** Mon: 10:00 AM to 12:00 PM

Hours available by appointment  
Please feel free to call anytime for You.

#### **To Obtain Assistance:**

Call (207) 475-2155

**Contact:** Deborah Lalicata (207) 475-2155

**Website:** [www.seedsoffaitministries.org](http://www.seedsoffaitministries.org)

#### **Other Services:**

Mentoring, transitioning, counseling, etc

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### Rye Beach NH

#### **St. Theresa's Catholic Church and Food Pantry #111 (Food Pantry)**

820 Central Rd.  
Rye Beach NH 03871

#### **Hours:**

#### **To Obtain Assistance:**

Call (603) 964-6440

**Contact:** no contact name

### Salem NH

#### **Salem Community Action #8 (Food Pantry)**

85 Stiles Road  
Salem NH 03079

**Hours:** Mon: 9:00 AM to 4:00 PM  
Tue: 9:00 AM to 4:00 PM  
Wed: 9:00 AM to 4:00 PM  
Thu: 9:00 AM to 4:00 PM  
Fri: 9:00 AM to 4:00 PM  
By Appointment.

#### **To Obtain Assistance:**

Call (603) 893-9172  
call to schedule appointment  
Assistance available 1 time Every Month

**Contact:** Any Staff (603) 893-9172

#### **Other Services:**

Crisis assistance, Fuel and Electric assistance.

### Food for the Hungry #36

#### **(Food Pantry)**

Pleasant Street United Methodist Church  
8 Pleasant St.  
Salem NH 03079

**Hours:** Wed: 10:00 AM to 12:00 PM

**Contact:** Pleasant Street UMC (603) 898-250

#### **Miscellaneous Information:**

For Emergencies Call: Sally Perkins 603-2

### Seabrook NH

#### **Seacoast Community Action Food Pantry #7 (Food Pantry)**

146 Lafayette Rd  
Seabrook NH 03874

**Hours:** Mon: 8:30 AM to 4:30 PM  
Wed: 8:30 AM to 4:30 PM  
Fri: 8:30 AM to 4:30 PM  
Food pantry closed 12-1PM

#### **To Obtain Assistance:**

Call (603) 474-3507  
Visit during operating hours  
Assistance available 1 time Every Month

**Contact:** Michelle Termini (603) 474-3507 Mtermini@snhs.org

**Website:** [www.snhs.org](http://www.snhs.org)

### Seabrook Church of Christ Food Pantry #62 (Food Pantry)

Seabrook Church of Christ  
867 Lafayette Road  
Seabrook NH 03874

**Hours:** Wed: 9:00 AM to 11:00 AM

#### **To Obtain Assistance:**

Visit during operating hours  
**Contact:** Bruce Pierce (603) 474-2660  
bpmoxie@msn.com

**Website:** [www.seabrookchurchofchrist.org/Food-Pantry.php](http://www.seabrookchurchofchrist.org/Food-Pantry.php)

#### **Miscellaneous Information:**

You may visit the pantry up to four times per year.

### Healing Rain Ministries - Soup Kitchen (Soup Kitchen)

49 New Zealand Rd.  
Seabrook NH 03874

**Hours:** Fri: 5:00 PM to 7:00 PM

**Contact:** JD Minerella (603) 601-0656

**Other Services:**

Crisis assistance, Fuel and Electric assistance

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**Seabrook NH**

**Healing Rain Ministries #118  
(Food Pantry)**

49 New Zealand Rd.  
Seabrook NH 03874

**Hours:** Tue: 4:00 PM to 6:00 PM  
Fri: 5:00 AM to 7:00 PM  
Sun: 1:00 PM to 4:00 PM

**Contact:** JD Minerella (603) 601-0656

**Seabrook Community Table #105  
(Soup Kitchen)**

Trinity Parish House (on Seabrook rotary)  
corner Folly Mill & Lafayette (beside P.O.)  
Seabrook NH 03874

**Hours:** Tue: 5:00 PM to 6:00 PM  
Wed: 5:00 PM to 6:00 PM

**To Obtain Assistance:**

Call (603) 474-9608

Visit during operating hours

Also serving at the Church of Christ Mondays from  
5 to 6PM, every third Monday of the month

Assistance available 1 time Every Week

**Contact:** Joyce Addison (603) 474-9608  
joaddi@comcast.net

**Website:** [www.seabrookchurchofchrist.org/Seabrook-Community-Table.php](http://www.seabrookchurchofchrist.org/Seabrook-Community-Table.php)

**Miscellaneous Information:**

In need of storage space.

**Somersworth NH**

**Somersworth Believers FP #70  
(Food Pantry)**

update later  
Somersworth NH 03878

**Hours:**

**Contact:** July Polychronis champagnetaste:

**Somersworth NH**

**Community Food Pantry #63  
(Food Pantry)**

176 West High Street  
First Parish Church  
Somersworth NH 03878

**Hours:** Mon: 10:00 AM to 12:00 PM  
Wed: 6:00 PM to 8:00 PM  
Thu: 3:00 PM to 5:00 PM

**To Obtain Assistance:**

Call (603) 692-2907

Visit during operating hours

Assistance available 1 time Every Month

**Contact:** Patricia Vachon (603) 692-2907

**Miscellaneous Information:**

also serving Berwick and Rollinsford

**Meals on Wheels #59**

**(Meals on Wheels)**

Strafford Nutrition  
9 Bartlett Avenue  
Somersworth NH 03878

**Hours:** Monday thru Friday; starts at 11:30 Am

**Contact:** Laurie Eastwood (603) 692-4211  
laurie.eastwood@yahoo.com

**Website:** [www.straffordmealsonwheels.org](http://www.straffordmealsonwheels.org)

**Strafford NH**

**Third Baptist Church Community K:  
(Soup Kitchen)**

Junction 202A & 126  
Strafford NH 03884

**Hours:** Wed: 5:00 PM to 6:30 PM

**To Obtain Assistance:**

Call (603) 522-3094

**Contact:** Ida Scribner (603) 664-7729 iscrib

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**Strafford NH**

**Third Baptist Church Pantry #71  
(Food Pantry)**

Junction 202A & 126  
Strafford NH 03884

**Hours:** Tue: 8:00 AM to 10:00 AM  
Wed: 5:00 PM to 6:30 PM  
Tuesday, Food Pantry; Wednesday, Soup Kitchen

**To Obtain Assistance:**

Call (603) 522-3094

**Contact:** Ida Scribner (603) 664-7729 iscribner@metrocast.net

**Wakefield NH**

**Wakefield Community Food Pantry #74  
(Food Pantry)**

1500 Wakefield Street (rte 153)  
Wakefield NH 03872

**Hours:** Wed: 9:00 AM to 12:00 PM  
also Weds. evenings: 5 to 7 P.M.

**To Obtain Assistance:**

Call (603) 522-5094

**Contact:** Janet Miller (603) 522-9593  
janet@millernh.com

**Website:** [www.wakefieldnh.com/food\\_pantry.htm](http://www.wakefieldnh.com/food_pantry.htm)

**Miscellaneous Information:**

also contact Dave Schweitzer, 522-6970