

Week 2

Week of March 16, 2020
 Open Monday-Sunday 6:45am to 6:30pm
Hot food available:
 Breakfast 7:30am to 9:30am
 Lunch 11:15am to 1:15pm
 Dinner 4:30pm to 6:30pm




Gluten Free (GF)
 The GF menu is posted on the café menu board as you enter the main door of the café. Special ordered GF menu items will take several minutes to prepare.



Breakfast Specials
Tuesday
Spanish Vegetable Omelet
Peppers & onions with Pepper Jack cheese with a side of salsa 
Wednesday
Broccoli Cheddar Omelet 

Special
Wednesday
Baked Potato Bar
baked potato w/bacon, broccoli, cheddar cheese, beef chili, mushrooms, onions, sour cream and scallions

Mindful.sodexo.com
 Menu available at ajh.org


This Week's Grab & Go Salad
 Crispy BBQ Chicken Salad

 Vegan  Vegetarian  Mindful


Breakfast: Scones	M
Soup:  Chunky Vegetable with Orzo	
Entrée: BBQ Chicken Tender Macaroni & Cheese	
Entrée: Meatloaf with Gravy	
Sides: Corn, Fried Mushrooms, Mashed Red Bliss	
Mindful:  Italian Mushroom Pizzetta	
Grab & Go: Ham & Cheese on White	

Soup: Cajun Chicken Bisque	T
Entrée: Corned Beef & Cabbage	
Mindful:  Jamaican Jerk Pork Tenderloin & Salsa	
Sides: Boiled Potatoes, Turnips, Broccoli	
Grill: Bacon Cheeseburger	
Grab & Go: Tuna Salad on White	



Soup: Broccoli Cheddar	W
Entrée: General Tso's Chicken	
Entrée: Shepherd's Pie with Gravy	
Sides: Stir Fry Vegetable, Rice, Cheesy Tater Tots	
Mindful:  Baked Potato Bar	
Grab & Go: Chicken Caesar Wrap	

Breakfast: Waffles	Th
Soup:  Chicken Ditalini	
Mindful:  Grilled Chicken Marsala	
Entrée: Beef Stroganoff	
Sides: Carrots, Buttered Pasta w/Parmesan	
Grill: Hot Dog	
Grab & Go: Roast Beef and Cheddar Sub	

Soup: Seafood Chowder	F
Mindful:  Tuscan Herb Cod	
Entrée: Buffalo Chicken Quesadilla	
Sides: Green Beans w/Tomato & Onions, Rice	
Grill: Greek Turkey Burger	
Grab & Go: Chicken Salad on Wheat	

Soup: Soup of the Day	Sa
Entrée: Crispy Chicken Wrap	
Special: Meat Lasagna	
Sides: Carrots, Marinara	
Grill: Pizza, Hamburgers, Cheeseburgers, French Fries	

Soup: Soup of the Day	Su
Entrée: Steak & Cheese Quesadilla with Salsa & Sour Cream	
Special: Honey Baked Chicken	
Sides: Capri Mixed Vegetable, Buttered Pasta	
Grill: Pizza, Hamburgers, Cheeseburgers, French Fries	