

# Insights

January 2022



Welcome to AgeSpan's monthly newsletter - **Insights!** This is your resource for healthy aging. If you have questions or ideas for future issues, connect with us at [communications@agespan.org](mailto:communications@agespan.org)

## Caregivers are critical part of the workforce



In the latest issue of [North Shore Chamber of Commerce, Inc. Impact](#) magazine, CEO Joan Hatem-Roy writes about how the high demand for caregivers, both paid and unpaid, will continue well into 2022. Across the country, about 40 million people provide unpaid care to older adults and adults with disabilities —and the majority of these caregivers also juggle a job or other responsibilities.

"Care work is at the heart of our mission, and we hear from caregivers every day and understand their vital importance in our families and communities," she writes.

Read the [full story](#) on the critical work of caregivers and resources for them (pg. 52).

## NEW YEAR NEW CAREER



### VIRTUAL HIRING EVENT

Thursday, January 20 / 10 a.m. to 12 noon

### *Want to change your life in 15 minutes?*

Learn about meaningful work with great benefits, work/life balance, and a culture of growth and innovation by [signing up for a 15-minute interview](#) with our recruiters on Thursday, January 20, from 10 a.m. to 12 noon. Positions include case management, nursing, human services, and administration. Bilingual applicants in Spanish or Khmer are encouraged to apply.

"The direct impact we have is life-changing," says Natanael Burgos, a Managed Care Quality and Training Specialist, who has been with us for eight years. "We help people to stay in their own homes. When you see it with your own eyes, it's extraordinary. And the staff here is wonderful. My peers have contributed to my growth as much I have to theirs—that's the key. For me, it's a once-in-a-lifetime experience."

## Donors like you help local seniors every day

Your gifts to AgeSpan, large and small, all add up to make an enormous difference to the people we serve, throughout the region.

We thank everyone who has donated during our ongoing Holiday Appeal, and we wanted to highlight some of our donors.

For example, the employees at Danvers-based [DemandScience](#) wanted to focus their holiday giving on a local organization serving the communities around their headquarters. After researching several nonprofits, they voted to make a generous contribution to AgeSpan.

"We all agreed we wanted to give to older adults in need," says Ed Brown, Senior Director of Information Security at DemandScience. "A few of us have spent many years supporting senior citizens through donating and volunteering and we know some of the hardships our older neighbors experience this time of year."

Brown presented a check for \$650 to Jennifer Raymond, (above left) Chief Strategy Officer, and Bonnie Sisson, Community Relations and Fundraising Coordinator, with colleagues from Colorado and Texas participating in the presentation via Zoom. Brown and his colleagues were impressed with our Meals on Wheels program and the DiStefano Family Care Fund, which supports those facing emergency situations.

*There is still time to make a difference to seniors across the Merrimack Valley and North Shore. Click the button to make a secure donation online or send your gift by mail to: AgeSpan, Attn: Development Office, 280 Merrimack Street, Suite 400, Lawrence, MA 01843*



Donate

## Find support, community at the Memory Café

Don't go it alone. New sessions are now open for the Memory Café.

The Memory Café is a wonderfully welcoming, judgment-free zone for individuals with Alzheimer's disease or any other form of dementia or brain disorder. These free sessions are designed to include the care partner in a shared experience.

Join us at 11 a.m. on the first Tuesday of each month by [registering here](#). The next Memory Café is February 1 with featured guest Adam McCauley. Adam engages listeners through interactive sing-a-longs, and heartfelt performances. If you would like more information, please contact Lyn Brennan at [lbrennan@agespan.org](mailto:lbrennan@agespan.org)



## Urgent call for Money Management volunteers



at [mryan@agespan.org](mailto:mryan@agespan.org) or call 800-892-0890.

Are you a numbers person? Have you worked in banking, accounting, or finance?

We have an urgent need for Money Management volunteers. These volunteers play a critical role by helping people age 60 and over with paying bills, budgeting, and balancing their checkbooks. Volunteers are screened, trained, supervised, and carefully matched with seniors who need assistance. To get started, please contact Matt Ryan, Financial Resources Program Manager,

## Upcoming Events

**February 16, 2-3 p.m.**

**Merrimack Valley Veterans Collaborative Zoom Meeting**

Join us for our virtual bi-monthly meeting and hear Jessica Mack, Certified Peer Support Specialist, Bedford VA, present on the Community Recovery Connections Team and the important work they are doing with veterans. All are welcome.

For more information or to register, contact AgeSpan Community Outreach Program Manager Nandi Munson at [nmunson@agespan.org](mailto:nmunson@agespan.org) or call 978-946-1380.

**Ongoing Support Groups**

**Caregivers Caring for Those with Memory Loss:** Day and evening options.

**Grandparents Raising Grandchildren:** Thursdays (3rd of the month) 11 a.m.–12 p.m.

**General Caregiver Support:** Thursdays (3rd of the month) 1–2 p.m.

[Click here to learn about caregiver support groups and register.](#)

[agespan.org](http://agespan.org)

For questions or comments, contact us at 800-892-0890 or  
[communications@agespan.org](mailto:communications@agespan.org)

*Please consider making an online donation to support our programs.*

**DONATE**

