

The Shoreline

March 2021



Vaccination clinics offer hope after a hard year



Raymond Hackett, of Groveland, receiving his 2nd Covid vaccination from Pharmacist Michael Jones of Long Term Solutions Pharmacy.

As we reflect on the year anniversary of the COVID-19 pandemic, we have been working diligently with our local Councils on Aging partners to provide vaccinations to hundreds of seniors and caregivers.

Most recently, more than 200 people received their second vaccination at our Danvers office with the assistance of the Long Term Pharmacy Solutions staff and our own employees. More than 500 people have been vaccinated at clinics across our service area.

Massachusetts now has an online preregistration tool to request and book an appointment at the seven mass vaccination locations. [Click here](#) to learn more about the vaccine signup.

However, if you need assistance finding a vaccine or have questions, please contact us at 800-892-0890.



Martha Kobialka of Danvers encourages others to get the vaccine.



ESMV-NS employees Porfiria Brito, Lucy McKinnon, Lorraine Diemer, Alicia Ritter, and Meredith Fisher assisted at a recent vaccination clinic in Danvers.

Use all the tools available to stop the spread

When you can, get the vaccine
Before, between and after being vaccinated you still need to:

Wear a mask **Wash your hands** **Keep your distance** **Avoid groups**

For more information on how to stop the spread visit Mass.gov/StopCOVID

The graphic is a blue rectangular card with white text and icons. It features a central circular icon containing a bottle of hand sanitizer. Below the main title are four smaller circular icons, each representing one of the four tools: a person in a mask, hands being washed, two people at a 6-foot distance, and a group of people crossed out. The text below the icons provides instructions for when to use the vaccine and lists the four tools. At the bottom, there is a call to action to visit a specific website for more information.

Stopping this pandemic requires us to use all tools available. It's important to continue to wear a mask and practice social distancing to #StopTheSpread and keep your community safe.
#COVID19MA

COMMUNITY SERVICES & PROGRAMS

Celebrating social workers everywhere this month

March is National Social Work Month. Our agency has more than 60 social workers who spend their days taking care of others across the 28 communities of our service area and beyond.

We thank them for their dedication, compassion, and skills to make positive changes in the lives of others. Social workers are always essential workers.

WE  OUR
Social Workers

March is National Social Work Month



Ask Joan: Where to turn when older adults need help

In a recent *Ask Joan* column, our CEO Joan Hatem-Roy discusses the many services available to older adults and their families from home care to transportation to meals.

Our agency offers a variety of programs and services to older adults, people with disabilities and their families.

Read the [full column](#), originally published in the *Eagle-Tribune* newspaper.

Volunteers make all the difference for SHINE

Fred Baumert of Westford has volunteered for our SHINE (Serving the Health Insurance Needs of Everyone) program for a loyal 11 years.

SHINE volunteers provide free help for Medicare recipients. Most of the time, Baumert works one Monday per month except during the open enrollment period for Medicare. Then, his schedule really ramps up and he clocks in every week for two hectic months. He estimates he sees about 130 clients per year.

"It's very rewarding to be in a position to help people," he says. "There's substance to this work, and I like that, being able to transfer knowledge. And there's a giant need for it."



Baumert left a job selling office supplies for Avery back in 2001. Initially, he became a Friendly Visitor through the Cameron Senior Center in Westford. Later, he gravitated toward SHINE because he felt it had a strong impact. As he puts it, "A little work goes a long way."

Volunteers make our work possible. To volunteer or learn more, contact our Volunteer Program at 978-651-3128, email VolunteerPrograms@esmv.org or fill out this [referral form](#).

Time is running out to vote

We need your vote! Elder Services is participating in the Give A Click Fundraiser now through **March 31**.



The We Share A Common Thread Foundation donates \$1,500 every quarter to a worthy area nonprofit organization, and your click can make a difference when you vote for Elder Services. The nonprofit with the most votes will receive \$1,500 from the foundation.

The Give A Click Fundraiser is sponsored by [Jeanne D'Arc Credit Union](#). We ask that you please vote just once per quarter. Once voting is closed, votes from the same IP address will be reviewed for legitimacy in order to keep the voting process fair for all nominees.

[Vote Now](#)

UPCOMING EVENTS

April 9: The [Northeastern Alzheimer's Partnership](#) is hosting *Be in the Know: Resources for Dementia Care*, a free, 90-minute webinar for caregivers. [Register here](#).

April 21 - June 16: Become a **Certified SHINE Volunteer Counselor**. Zoom training is Wednesdays and Fridays from 8:30 a.m. to 12 noon. For more information, contact Lisa Rose, Regional SHINE Director, at 978-946-1374 or lrose@esmv.org.

May 7: **Massachusetts Senior Medicare Patrol Program** presents *Engagement & Inclusion: Health Equity & Quality*, a one-day virtual conference featuring Dr. Donald Berwick, one of the nation's leading experts on health care quality and improvement. [Register here.](#)

June 25: **LGBT Elders in an Ever-Changing World, 10th Annual Conference.** A virtual one-day conference focusing on interdisciplinary practice and community engagement for working with lesbian, gay, bisexual and transgender older adults and caregivers. Featuring keynote speakers Jess T. Dugan and Vanessa Fabbre, Ph.D. Save the date - *details & registration to come.*

*Elder Services helps more than 40,000 individuals across 28 cities and towns every year.
Please consider [making an online donation](#) to support our programs.*

Elder Services of the Merrimack Valley and North Shore
esmv.org
800-892-0890 or communications@esmv.org

