

Insights

May 2024



13th annual virtual conference

LGBTQ+ Elders in an Ever-Changing World



Thursday, June 20, 2024
9 A.M. - 3:30 P.M. (EST)
*5 CEUs available

KEYNOTE SPEAKER
ROBYN OCHS

EDUCATOR, SPEAKER, GRASSROOTS ACTIVIST, AND EDITOR

There is still time to register for the 13th Annual VIRTUAL Conference [LGBTQ+ Elders in an Ever-Changing World!](#)

This one-day conference features nine leading-edge workshops and keynote speaker,

Robyn Ochs, educator, speaker, grassroots activist, and editor of *Bi Women Quarterly*, and two anthologies: *Getting Bi: Voices of Bisexuals Around the World* and *RECOGNIZE: The Voices of Bisexual Men*. Five CEUs are available pending approval.

Thanks to our Presenting Conference Sponsor **Good Shepherd Community Care** and Keynote Speaker Sponsor **Enterprise Bank**.

Buy Tickets & Select Workshops



We are still marking “50 Years of Inspiring Aging: Celebrating the Power, Value, and Voices of Older Adults” as part of our milestone anniversary year and in honor of Older Americans Month.

Thanks again to everyone who attended our May 2 event, especially our 50 Over 60 honorees, whose accomplishments continue to serve as an inspiration to all of us.

We encourage you to visit our [Inspiring Aging web page](#) to view photos from the luncheon event, a special video featuring older adults talking about their aging journeys, the *50 Over 60 List*, and our agency's timeline highlighting our 50 years of service.

Ask Joan: Finding mental health support and care



May marks Mental Health Awareness Month, a timely reminder that mental health is as crucial as physical health. Though common, mental health conditions are manageable and treatable. In her recent column in the *Eagle-Tribune*, AgeSpan CEO Joan Hatem-Roy explores strategies for expanding your coping skills "toolbox" to navigate challenging situations. [Read her](#)

[full column.](#)

Partnerships key to care for long-term care residents



We are grateful for everyone who joined us for our event, "The Impact of Partnerships: Best Practices for Long-Term Care Residents with Mental Health/Substance Use Disorders," held May 9 at the [Four Oaks Country Club](#) in Dracut.

This conference brought together health care workers and emergency responders specializing in mental health and substance abuse care. Its aim was to provide the resources needed to address relevant issues and forge partnerships within the industries.

Nearly 200 participants had a productive day, featuring keynote speaker Dr. Rossana Lau-Ng, at left, from [Boston University Chobanian & Avedisian School of Medicine](#)

and [Boston Medical Center](#), who spoke on "Aging with Dignity: Substance Use Disorder in Long-Term Care."

AgeSpan's Long-Term Care Ombudsman Program Director Chaz Rudich and Long-Term Care Ombudsman Program Coordinator Wendy Williams hosted the event.

Special thanks to our partners who helped make this possible: [Center of Excellence for Behavioral Health in Nursing Facilities](#) and [HealthCentric Advisors](#).

a Bridge to
Quality Care
Massachusetts Long-Term Care Ombudsman

AgeSpan and our Healthy Living Center of Excellence want to change the way we talk about and view aging. [Read our Rethinking Aging & Ageism fact sheet.](#)



Rethinking Aging

Did you know?

Elder speak is a term that refers to the way some people speak to older adults. Elder speak involves speaking slowly, using a high-pitched voice, exaggerating words, or speaking very loudly. While often not meant in a disrespectful way, this type of communication is demeaning, infantilizing and ageist. We should communicate with older adults with the **same respect you'd want to receive.**



In honor of the recent [Nurses Week](#), AgeSpan wishes to express heartfelt gratitude to our dedicated team of 46 nurses for their unwavering commitment to delivering exceptional care to our community. Your compassion and dedication to excellence deserve special acknowledgment.



**NURSES
WEEK**

AMERICAN NURSES ASSOCIATION



Save the Date!

AgeSpan Annual Golf Classic
Monday, June 2, 2025
Haverhill Golf & Country Club



See You in 2025!

Upcoming Events

Family Caregiver Support Groups

We have groups for caregivers caring for those with memory loss, grandparents raising grandchildren, and general caregiver support. Learn about our [family caregiver support groups](#).

[Visit our events calendar](#)

agespan.org

CAREER OPPORTUNITIES

VOLUNTEER INFORMATION

For questions or comments, contact us at 800-892-0890 or
communications@agespan.org

Please consider making an online donation to support our programs.

DONATE

