

# The Shoreline

June 2021



## Join us in celebrating Juneteenth holiday



*A message from Joan Hatem-Roy,  
Chief Executive Officer:*

This weekend, communities around the country will recognize and celebrate Juneteenth, an important annual holiday commemorating the end of slavery in the United States. Many of us were taught in school that slavery ended with the signing of the Emancipation Proclamation in 1863. Unfortunately, in many parts of our country, the practice continued. On

June 19, 1865, the last of the enslaved African Americans, in Galveston, Texas, were informed of the Proclamation and freed. It is that day that we recognize and honor as Juneteenth.

For more than 100 years, the Juneteenth holiday has been celebrated by many African Americans with parades, cookouts, music, and speeches. It has only been in more recent years that the holiday had gained greater attention, particularly in light of the national protest and recognition of ongoing racism throughout our nation. While we celebrate freedom this weekend, we also recognize that the work of dismantling racism continues. The struggle of African Americans did not end with the Civil War or with the passage of laws forbidding segregation a century later. African Americans still face unjust treatment in housing, healthcare, education, and employment.

This is particularly true for older African Americans who need supports and other essential services to allow them to live safely and independently in their homes. These services might include aid with homemaking, personal care, meal preparation, and transportation to medical appointments—as well as advice about finances, fitness, Medicare, caregiving, nutrition, and much more. At Elder Services, we are committed to supporting all people in living their lives independently to the fullest extent possible.

In this period of renewed reckoning with racism, Elder Services has made a commitment to diversity, equity, and inclusion by acting against injustice, intolerance, and discrimination. This commitment includes recognizing and celebrating the Juneteenth holiday. Our agency is striving toward becoming better at being an environment of equality and inclusion—but this, we realize, is a work in progress. Listening to the outcry that has arisen throughout this country, we are moving forward with a plan to make our agency more aware, more inclusive, and more diverse in the future.

We urge all of you to join us in celebrating Juneteenth.

**COMMUNITY SERVICES & PROGRAMS**

# Have you made your selection? LGBT Elders Conference offers an array of workshops

Join participants from around the country on Friday, June 25, for this virtual one-day conference focusing on interdisciplinary practice and community engagement.

Workshop topics will include navigating the healthcare system, working with aging black gay men, the life arc of the Stonewall generation, and the trans experience, then and now.

Keynote speakers Jess T. Dugan and Vanessa Fabbre, Ph.D., LCSW, discuss "I've Got My Game On: Insights from Trans Elders on Well-Being in Later life."

**June 25, 2021, from 9 a.m. to 3 p.m. - 4.5 CEUs are available**

**Tickets:** \$95-includes CEUs, \$75-Regular Ticket, \$25-Seniors and Student

[Register Today](#)



---

## We're hiring! Check out our latest job openings



We are seeking candidates to fill several vacancies in each of the following positions:

**Geriatric Support Services Coordinator** - GSSCs conduct health and functional assessments for elders enrolled in Senior Care Organizations. GSSCs also develop and monitor service plans to promote their health and independence. They work within an interdisciplinary team to assure services and care are delivered effectively

in members' homes. We are looking for non-bilinguals and bilinguals in Spanish and Khmer for our offices in Lawrence and Danvers.

**Care Manager** - Care Managers work within an interdisciplinary team to help older adults obtain services to enhance their quality of life, allowing them to live safely and independently in their homes. We are looking for non-bilinguals and bilinguals in Spanish and Khmer for our offices in Lawrence and Danvers.

**Community Outreach Worker** - Outreach Workers serve the communities of the Merrimack Valley and North Shore, helping older adults participate in various outreach initiatives, such as vaccine clinics, digital access workshops, monthly food distribution, community education, and health promotion programs. We are looking for people who are passionate about elder care for these positions, especially those who are bilingual in Spanish or Khmer.

---

## Decluttering group sessions start this summer

Are your possessions taking over your home? Is clutter affecting you at home, work, in your relationships? If you answered yes, there is help and support for you.

The North Shore Center for Hoarding and Cluttering is offering remote, group de-cluttering sessions this summer. Sessions will be held July 6 through August 31 on Tuesdays from 11:30 a.m. to 3:30 p.m. and July 8 through September 2 on Thursdays from 11 a.m. to 12 noon. No classes are meeting on August 3 or 5.

Sign up now for this nonjudgmental support for individuals and families struggling with clutter. Space is limited and pre-registration is required. The fee for the 8-week session is \$250, which may be covered in part by your insurance.

For more information or to register, contact Karen Sullivan, MSW, LICSW, Clinical Hoarding Specialist, at 978-624-2257 or email at [ksullivan@nselder.org](mailto:ksullivan@nselder.org).

---

## Make a difference as a volunteer driver



Just a few hours per week can make a difference in the lives of an older adult right in your own town.

More than half of Meals on Wheels recipients live alone, and for many of them, **the person delivering the meal is often the only person they will see that day.** This past year of the COVID-19 pandemic has been especially hard on seniors who has been isolated in their homes.

When you sign up to become a volunteer Meals on Wheels driver, you do more than drop off a meal. You make a difference.

It's easy to volunteer. Drivers must be 18, pass a background check, have a vehicle, and a valid driver's license. Receive a daily stipend for a commitment from 1 to 5 days a week and just 3 hours per day. Ready to sign up? Contact **Meals on Wheels** at [nutrition@esmv.org](mailto:nutrition@esmv.org) or call 978-686-1422.

## UPCOMING EVENTS

**June 23:** Learn all about Medicare by attending a **Virtual Medicare Fair**, from 3-7 p.m., on June 23. Get free help about your enrollment decisions. Join online for any length of time! [Register here today!](#)

**June 25: Health Benefits University hosted by SHINE.** This is a free webinar from 10 a.m. to 12 noon for care providers and professionals to help consumers better understand Medicare. Space is limited! [Register here](#) by 12 noon June 23. Questions? Contact Lisa Rose at [Lrose@esmv.org](mailto:Lrose@esmv.org) or 978-946-1374

**July 6: Memory Café** is a judgment-free group for caregivers and their loved ones to socialize and have fun. Meets virtually twice per month, every other Tuesday, from 1-2 p.m. For more information, or to join the June 29th Café, contact Lyn Brennan at 978-946-1368 or [lbrennan@esmv.org](mailto:lbrennan@esmv.org)

## SAVE THE DATE

**September 14: ESMV-NS 25th Annual Golf Classic** at the Haverhill Golf & Country Club.

"This amazing tournament is one of the best in the area. It shows in the venue, the food, the prizes, and, of course, the friendships made. Everyone benefits, most importantly our elders!" says Kevin Niceforo, one of the original founders of the 25-year-old tournament.

[Register now](#). Sponsorship opportunities are still available - [click here for more information](#)

*Elder Services helps more than 40,000 individuals across 28 cities and towns every year.  
Please consider [making an online donation](#) to support our programs.*

**Elder Services of the Merrimack Valley and North Shore**

Website: [esmv.org](http://esmv.org)

800-892-0890 or [communications@esmv.org](mailto:communications@esmv.org)

