

Insights

June 2022



CELEBRATING PRIDE MONTH

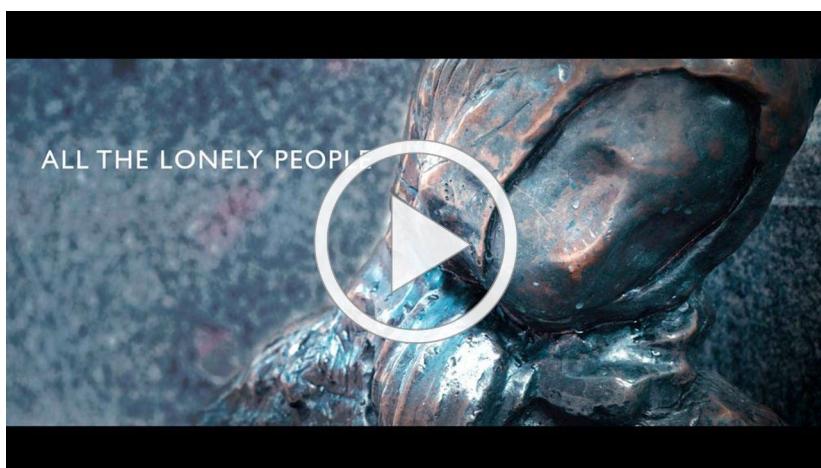
AgeSpan is proud to be a resource to help LGBTQ+ people age safely and independently in their homes. Every month, we offer the LGBT Senior Social Connection at the Merrimac and Tewksbury senior centers. These meetings, which are held in person, provide a place to gather, learn about area programs and services, and make new friends. More information about both groups is available at 978-946-1476.

And, this month, AgeSpan and our partners are presenting a virtual conference, the [11th Annual LGBTQ+ Elders in an Ever-Changing World Conference](#), on Friday, June 24.

The keynote speaker is award-winning filmmaker Stu Maddux, discussing “Social Isolation, Loneliness, and Resilience in LGBTQ Older Adults” and his new documentary, *All the Lonely People*. Maddux is well-known for his documentary, *Gen Silent*, about Boston-area LGBT older people who hid their sexuality or gender to survive in the long-term care system.

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Watch the clip below from *All The Lonely People*.



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Thank you to our 2022 Keynote Speaker Sponsor



And thank you to all our 2022 conference sponsors.

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The Traveling Chef Program is on the road again



Our Traveling Chef Program features chefs from [TRIO Community Meals](#) visiting Councils on Aging (COAs) and congregate housing sites to serve special lunches. These are a bit more elaborate than the standard entrees.

For example, the June menu consists of strawberry and goat cheese salad, Italian wedding soup, pita bread, and blueberry sour cream coffeecake. The Chefs will fire up the grill in July, serving a summer chicken barbecue along with berry cobbler, mac-and-cheese, and coleslaw.

Participants love the special treatment and comradery. AgeSpan is grateful to the Friends of the Newburyport Council on Aging and the Greater Newburyport Village for their generous donation to the program. For more information or to sign up for a Traveling Chef lunch, contact your local Council on Aging.

TRIO Chefs above (l-r): Brandan Bing and Michael DiGregorio

Elder abuse: If you see something, say something



Elder abuse is serious, more common than you think, and underreported.

AgeSpan supports World Elder Abuse Awareness Day on June 15 and works throughout the year to highlight this urgent but sometimes neglected issue.

Most abuse happens in the home where the older adult lives. In fact, nine out of 10 abusers are relatives of the victim, and an estimated one in 10 older adults will experience some form of abuse during their lifetime, with financial exploitation being the most common type. Shockingly, most abuse goes unreported, with only one in 6 cases being brought to light.

Remember, if you suspect something, say something. Call the [Massachusetts Elder Abuse](#) Hotline at **1-800-922-2275**. The hotline is open 24 hours per day, seven days per week. All calls are confidential.

Deadline is Friday for the Health Benefits University



Registration is still open for the AgeSpan's **SHINE Program Health Benefits University** via Zoom on Thursday, June 23 from 10 a.m. to 12 noon. **SHINE** stands for Serving the Health Insurance Needs of Everyone on or eligible for Medicare.

Space is limited. [Click to register](#) by Friday, June 17.

The training will include: Medicare Basics, 2022 Medicare Updates, and Public Benefits and Cost Savings Program Information for Medicare Beneficiaries.

This program has been approved for 2 Social Work Continuing Education hours for re-licensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons Schools of Social Work, Authorization Number D90349.

AgeSpan celebrates the Juneteenth holiday

Juneteenth marks the momentous occasion when the last enslaved African Americans were informed about the Emancipation Proclamation and freed on June 19, 1865, in Galveston, Texas.

There are many ways to mark the holiday and learn more about how to identify and resist prejudice, intolerance, and discrimination.

In honor of Juneteenth, AgeSpan offices will be closed on Monday, June 20.

Here are some local events in our service area:

[Juneteenth celebrations and events - Merrimack Valley](#)

[Juneteenth celebrations and events - North Shore Area](#)



Register today for 26th Annual Golf Classic



**Tuesday, September 13
Haverhill Golf & Country Club
Shotgun Start at 10 a.m. New time this year.**

Enjoy a great game of golf and help older adults meet unexpected expenses not covered by other resources.

Your fun day with friends might help an older adult pay a fuel bill, purchase a walker, repair dentures or a pair of eyeglasses. Proceeds from the

tournament benefit our DiStefano Family Care Fund, which has aided thousands of your neighbors over the years in meeting these sudden, unexpected emergencies.

[REGISTER NOW](#)

2022 Tournament Sponsors



Upcoming Events

JUNE

FREE Webinar - Medicare/Medicaid Ambulance Billing: Tuesday, June 28, from 10 a.m. to 12 noon. Learn from the experts about Medicare and Medicaid payment rules for ambulance transportation in a FREE WEBINAR from the Massachusetts Senior Medicare Patrol. Nursing and Social Work CEU applications have been submitted. [Click here](#) to register.

SEPTEMBER

AgeSpan's Annual Golf Classic: Tee off with us at the Haverhill Golf & Country Club on Tuesday, September 13. Shotgun start at 10 a.m. (new time this year). [Click here](#) to register.

Would your business like to be a sponsor? Contact Bonnie Sisson, Golf Event Manager, at 978-946-1433 or ysisson@agespan.org

Ongoing Support Groups

Caregivers Caring for Those with Memory Loss: Day and evening options.

Grandparents Raising Grandchildren: Thursdays (3rd of the month), 11 a.m.–12 p.m.

General Caregiver Support: Thursdays (3rd of the month), 1–2 p.m.

[Click here to learn about caregiver support groups and register.](#)

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For questions or comments, contact us at 800-892-0890 or
communications@agespan.org

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