

# Insights

June 2024



## Celebrating the Volunteers Who Make a Difference



Recently, we paid tribute to our incredible team of 300 volunteers who collectively donated more than 75,000 hours of service this past year! We hosted an open house at our Lawrence office featuring food from **Quality Catering of MA** and a special token for each volunteer. Additionally, 14 attendees took home beautiful centerpieces from Flowers by Elena as door prizes.

On behalf of all those we serve, thank you for doing good each and every day. You play an essential role in helping us serve older adults and their families.

Interested in volunteering for AgeSpan? [Click here to learn more.](#)

**Don't Miss Out! Get LGBTQ+ Conference Tickets**



13th annual virtual conference  
**LGBTQ+ Elders in  
an Ever-Changing World**



**Thursday, June 20, 2024  
9 A.M. - 3:30 P.M. (EST)  
\*5 CEUs available**

**KEYNOTE SPEAKER  
ROBYN OCHS**

**EDUCATOR, SPEAKER, GRASSROOTS ACTIVIST, AND EDITOR**

We are **one week away** from the 13th Annual VIRTUAL Conference **LGBTQ+ Elders in an Ever-Changing World!** Buy tickets and register today!

Choose from **nine leading-edge workshops** and hear keynote speaker, **Robyn Ochs**, educator, speaker, grassroots activist, and editor of *Bi Women Quarterly*, and two anthologies: *Getting Bi: Voices of Bisexuals Around the World* and *RECOGNIZE: The Voices of Bisexual Men*. Five CEUs are available pending approval.

Thanks to our Presenting Conference Sponsor **Good Shepherd Community Care** and Keynote Speaker Sponsor **Enterprise Bank**.

**Buy Tickets & Select Workshops**

## Ask Joan: Understanding Alzheimer's Warning Signs

alzheimer's  association®

**KNOW** the  
**10 SIGNS**

EARLY DETECTION MATTERS

All of us sometimes forget things, but when should we be concerned about memory loss?

In her latest column in the *Eagle-Tribune*, CEO Joan Hatem-Roy talk about the importance of understanding the warning signs of Alzheimer's disease. [Read the full column.](#)

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AgeSpan and our Healthy Living Center of Excellence want to change the way we talk about and view aging. [Read our Rethinking Aging & Ageism fact sheet.](#)



Rethinking Aging

**Did you know?**

Ageism in birthday cards has been so normalized that “over the hill” jokes are often the default message when an older person has a birthday.

Let's ditch the greeting cards that depict older adults as falling apart, senile, and grumpy and replace them with “age-positive” cards, such as those promoted by Changing the Narrative.



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## Hatem-Roy Appointed to NECC Board of Trustees



Congratulations to our CEO Joan Hatem-Roy on her appointment to the [Northern Essex Community College](#) Board of Trustees. [Governor Maura Healey](#) appointed Hatem-Roy to a five-year term.

Hatem-Roy has deep ties to the college. For several years, she taught evening classes at NECC, and last year, she was part of a cultural immersion trip to the Dominican Republic with members of the Northern Essex leadership team and other community partners.

“I enjoyed helping students get back into their love of learning and seeing them grow professionally. Being a Trustee brings this passion full circle. I can now use the expertise developed in my social service career to help students overcome inequities and other



barriers to learning, enhance the importance of community college as an affordable means of education, and support the good work that NECC has done to position itself as a leader in the community.”

[Read the full media release.](#)

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## Your Gift Makes a Difference in the Lives of Others



Thank you for your support of our work that allows older adults the choice to remain safe and independent in their own home.

Your contribution makes a direct and positive impact on the lives of older adults throughout the 28 cities and towns we serve.

As we approach the end of our fiscal year on June 30, we ask you to consider **making a gift today and help us continue this important work.**

Go online to make a [secure donation](#) today!

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## Learn How You Can Help Long-term Care Residents

Looking for a way to give back? Become a Long-Term Care Ombudsman volunteer! Get started today! We offer free training and the opportunity to help older adults and their families. Call our Volunteer & Internship Manager at 978-651-3114 or email [volunteerprograms@agespan.org](mailto:volunteerprograms@agespan.org). Bilingual in Spanish speakers are encouraged to apply.



# Point32Health Foundation Receives National Honor



Congratulations to our partners at [Point32Health](#) and the [Point32Health Foundation](#) for being honored as part of [TheCivic50 by Points of Light](#).

Thank you for all you do to address health equity and social determinants of health through community partnerships and community lead initiatives. We are proud to collaborate with you to positively impact individuals across Massachusetts.

## Upcoming Events

### Family Caregiver Support Groups

We have groups for caregivers caring for those with memory loss, grandparents raising grandchildren, and general caregiver support. Learn about our [family caregiver support groups](#).

[Visit our events calendar](#)

[agespan.org](https://agespan.org)

CAREER OPPORTUNITIES

VOLUNTEER INFORMATION

For questions or comments, contact us at 800-892-0890 or [communications@agespan.org](mailto:communications@agespan.org)

*Please consider making an online donation to support our programs.*

DONATE

