

Hatem-Roy receives national leadership award



On Monday, Elder Services' CEO Joan Hatem-Roy was awarded the Excellence in Leadership Award by the National Association of Area Agencies on Aging (n4a) during its annual conference. The award is given to Area Agency on Aging (AAA) and Title VI directors across the country who have demonstrated exceptional leadership capabilities at the local, state, or national level in advancing the mission of the Older Americans Act and preparing communities for our nation's rapidly aging population, according to n4a.

"So many of us have been working under challenging circumstances this past year, and I am so humbled to be recognized," Hatem-Roy said. "This award represents the staff, board of directors and countless donors, partners, and volunteers who work tirelessly for our mission."

As CEO, Hatem-Roy leads the largest AAA in New England, serving more than 40,000 individuals annually. During the past three years, she has

navigated the agency through a natural gas explosion that devastated three communities we serve; a merger with a neighboring agency, North Shore Elder Services; and the COVID-19 pandemic.

Read the full release [here](#).

COMMUNITY SERVICES & PROGRAMS

The Faggella family tees off with Tom's Team



Tom's Team, from left to right, Niko Haritos, Brandon Schrenker, Ken Hudson, and Ken Dellovo



Sally and Dan Faggella - Tom's parents

More than half of the golfers who enjoy our annual Golf Classic tournament are returnees. They come for their love of the game, loyalty to our mission, and, sometimes, for poignant personal reasons.

Each year, Dan and Sally Faggella support the event in every way they can. The North Reading residents do this in memory of their son, Tom, who worked as a billing specialist at the agency before his death in 2014.

“Our son loved his work, the staff, and the great amount of good Elder Services accomplishes in our region,” Dan Faggella says.

Dan, Sally, and the whole Faggella family help the tournament because they are so impressed by the programs that enhance life for local seniors. “Elder Services supports people’s physical and emotional health, and, most importantly, their ability to continue living in their own homes,” Dan says.

Tom’s friends gather as Tom’s Team to play the Classic, remember Tom, and raise money to help meet the needs of the region’s seniors.

Get your team together and [register today](#) for the 25th annual tournament, to be held Tuesday, September 14 at the Haverhill Golf & Country Club. Sponsorship opportunities are still available. [Click here for more information](#).

CareRide celebrates 2nd anniversary of success



This popular program provides on-demand transportation to doctors’ appointments and health and wellness activities when other options aren’t available. Since 2019, [CareRide](#) has helped more than 2,000 people access the health care they need, like Frank, a Lowell resident who couldn’t have gotten to his chemotherapy treatments in Boston without it.

The subsidized ride program uses Lyft and handicap-accessible vans to accommodate people age 65 and older in the towns of Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, and Westford. Click [CareRide](#) for more information, or contact Alexandra Luciano at 978-651-3118 or aluciano@esmv.org.

Elder Services employee testifies in support of Personal Care Homes legislation for seniors



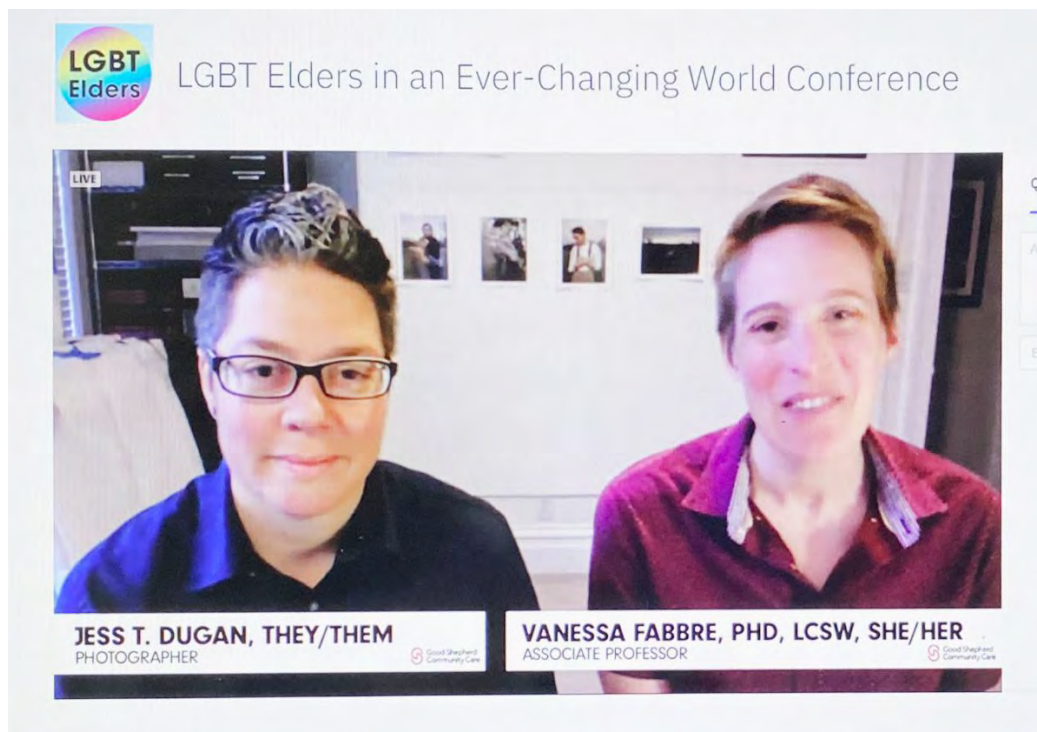
On July 12, Elder Services provided testimony to the Joint Committee on Elder Affairs during a virtual hearing. Robyn Nathan, one of our Supportive Living Services employees, spoke to lawmakers about [S418/H745](#), an Act to Establish Personal Care Homes for Older Adults. Robyn, who has worked in our Danvers office for more than 30 years, was pivotal in establishing the pilot version of these Personal Care Homes in 2006. Nine states already license such homes.

This bill would authorize a new model of housing and support for older adults who need significant care and assistance but who wish to remain living in the community:

- These homes are developed to enable groups of 4 to 6 unrelated individuals to reside together in one home where every resident has a private bedroom and the common areas are shared.
- Home care staff are assigned to the home to provide direct care services and assist residents with their daily long-term services and needs, including meal preparation, shopping, laundry, and personal care.

The bill is sponsored by [Senator Joan Lovely](#) and [Representative Sally Kerans](#), who have been strong advocates for ESMV-NS and older adults.

LGBT Elders Conference captures global audience



*"I'm throwing you all a virtual confetti parade!
GREAT WORK on this year's conference. That was excellent
and sparked SO much conversation and thought!
Here's to many more successes ahead." -J.N., conference attendee*

Our 10th annual and first virtual LGBT Elders Conference held last month was an outstanding success, drawing more than 250 people, from as far away as France. We want to thank keynote speakers Jess T. Dugan and Vanessa Fabbre, as well as all the speakers and panelists who helped make this event such a success. We are grateful to our Presenting Sponsor [Massachusetts LGBT Chamber of Commerce](#), Keynote Speaker Sponsor [Good Shepherd Community Care](#), plus our workshop, community leader, and friend sponsors who made this gathering possible. In addition, we want to thank staff, volunteers, and our co-hosts [Salem State University](#), [Care Dimensions](#), [LGBT Aging Project - a program of Fenway Health](#), [Over the Rainbow LGBT Coalition](#), and [LGBT Senior Social Connection of Merrimack Valley](#).

“Forever Fit” community TV series debuts



Elder Services has partnered with the [Merrimack Valley YMCA](#) and [North Andover CAM](#) to present “Forever Fit,” a community-access TV series for older adults. It features:

- Accessible exercises that can be done at home, without specialized equipment
- Quick and easy healthy recipes

The first “Forever Fit” episode airs on North Andover CAM - Comcast Channel 22 and Verizon Channel 24. If you don’t live in North Andover, you can watch it anytime at [Forever Fit: Maintain Healthy Bones](#).

In the first episode, Elder Services’ employee Leigh Hartwell, registered dietician, demonstrates a recipe, while Andover/North Andover YMCA Trainer Zoe Frangules walks viewers through strength-building exercises.

[Click here](#) to read the full blog post, including the recipe, exercises, and video.

ESMV-NS staff celebrate returning to the office



UPCOMING EVENTS

August 3: [Virtual Memory Café, 1- 2 p.m.](#) - A safe and inviting place for individuals with cognitive challenges and their caregivers to come together and enjoy some quality time through a socially engaging activity. For more information or the link to join, contact Lyn Brennan at 978-946-1368 or lbrennan@esmv.org.

September 14: [ESMV-NS 25th Annual Golf Classic](#) at the Haverhill Golf & Country Club. [Register now](#). Sponsorship opportunities are still available - [click here for more information](#).

*Elder Services helps more than 40,000 individuals across 28 cities and towns every year.
Please consider [making an online donation](#) to support our programs.*

Elder Services of the Merrimack Valley and North Shore

Website: esmv.org

800-892-0890 or communications@esmv.org



Elder Services of the Merrimack Valley and North Shore | 280 Merrimack Street, Suite
400, Lawrence, MA 01843