

Insights

August 2022



NEW AgeSpan Mobile Food Market



Thanks to the 100+ people who came to our first Mobile Food Market this week! Special thanks to our staff, volunteers, The Greater Boston Food Bank and the Boys & Girls Club of Lawrence for making it possible

The free Market is open to Merrimack Valley residents of all ages. Our next market is Tuesday, September 20 at 10 a.m., 136 Water St., Lawrence (rain or shine).

If you would like more information or are interested in volunteering, please contact AgeSpan Program Manager Ruth Ortiz at rortiz@agespan.org or 978-946-1279.

New program helps pay for veterinary care bills

Pets do a lot to combat the loneliness and isolation that often affects older adults, but pet medical care can be expensive.

Thanks to the generosity of Meals on Wheels America and PetSmart, we are offering the people we serve help to pay for pet-related expenses through our Veterinary Care Program.

The Veterinary Care Program pays for routine care, such as spaying/neutering, inoculations, annual checkups, and nail trimming, up to \$300 annually. It helped Tara Coughlin, 52, of Billerica, at right, buy special food and medicine for Jade, her beloved 16-year-old tiger cat, when the animal became gravely ill.



AgeSpan clients who want to learn more about the program are asked to contact their Care Manager at 800-892-0890.

Lowell Five Bank donation benefits DiStefano Fund



A heartfelt thank you to the Lowell Five Bank employees for choosing AgeSpan to receive the Quarterly Employee Charitable Giving Award, which was matched 100% by the bank.

The generous donation of \$10,600 benefits our DiStefano Family Care Fund, which helps older adults pay for emergency expenses not covered by other resources.

From left, Lowell Five Employee Charitable Giving Committee Sandra Marsden, Closing Specialist, Maura Sweeney, EVP/Chief Human Resources Officer, Robin McConnell, Mortgage Officer, AgeSpan's Bonnie Sisson, Jay Stephens, Lowell Five Bank President /CFO/Treasurer, Denise Witkowski, Loan Servicing Specialist, Frances Dellolacono, Loan Servicing Specialist, Amy Fernandez, Financial Services Representative, and Christopher St. Croix, AVP Network Systems.

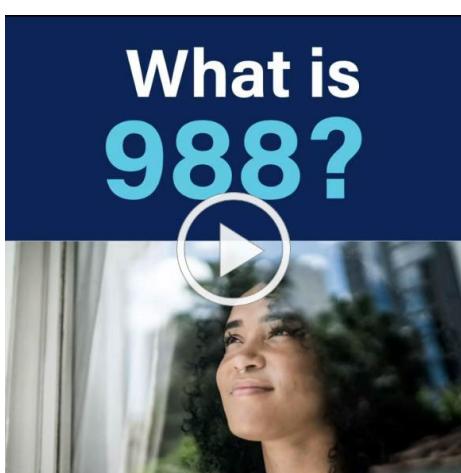
Now hiring for our nutrition team! Flexible schedules with no nights, weekends or holidays

Make extra money providing meals a few hours per week! We have part-time and per diem roles to help make older adults and people with disabilities get the healthy meals they need. We are hiring for home-delivered meals drivers, nutrition site aides, and nutrition site coordinators.

Calls us at 800-892-0890 or [visit our website](#) for more information.

Join the AgeSpan Nutrition Team

Call 988 for the Suicide & Crisis Lifeline



Too many people are experiencing a suicidal crisis or mental health-related distress without the support and care they need.

Now the Suicide & Crisis Lifeline is 988, an easy-to-remember, three-digit number for 24/7 crisis care.

People can call or text **988** or chat via 988lifeline.org for themselves or if they are worried about a loved one who may need crisis support.

Volunteer featured speaker at national AARP event



One of our Massachusetts Senior Medicare Patrol (SMP) volunteers, Dennis Hohengasser, was the featured speaker at a recent national AARP webinar. He spoke about the mission of the SMP Program, which provides free education and resources to help individuals, families, and others on how to prevent and address Medicare and Medicaid errors, fraud, and abuse. Dennis, a volunteer since 2016, regularly conducts fraud prevention programs for both SMP and AARP, across Massachusetts.

Volunteers like Dennis are always welcome and appreciated. If you are interested, visit [MA SMP Program](#) for volunteer information or call 800-892-

0890.

Golf Classic is sold out! Sponsorships still available



A big thank-you to all the team captains who have gathered their foursomes to play the AgeSpan Golf Classic so we can help older adults all year long. Their day on the links will raise money to pay bills from emergencies not covered by other resources. Many have played the tournament year after year, making their support and participation a tradition.

Still want to participate? We are still looking for a Dart Board Sponsor for this popular hole, as well as a few more hole sponsors. In addition to aiding this worthy cause, sponsors receive mention in signage at the event and thanks in the tournament publicity.

2022 TOURNAMENT SPONSORS



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Interested in becoming a sponsor? Contact Bonnie Sisson, Golf Event Manager, at 978-946-1433 or ysisson@agespan.org.

Upcoming Events

SEPTEMBER

NEW AgeSpan Free Mobile Food Market - September 20 at 10 a.m. - 12 noon:

The new monthly Mobile Food Market is being held on the third Tuesday of every month at the Boys & Girls Club of Lawrence, 136 Water Street. Open to Merrimack Valley residents of all ages. Volunteers are needed. For more information contact AgeSpan Program Manager Ruth Ortiz at rortiz@agespan.org or 978-946-1279.

Virtual Memory Café - September 6 at 11 a.m.: The Memory Café is a welcoming, judgment-free zone for individuals with Alzheimer's disease or any form of dementia, or other brain disorders. The Café includes the participation of the care partner as well, for a shared experience. For more information or to register contact Lyn Brennan, Family Caregiver Support Program Specialist, at lbrennan@agespan.org or 978-946-1368.

Ongoing Support Groups

Caregivers Caring for Those with Memory Loss: Day and evening options.

Grandparents Raising Grandchildren: Thursdays (3rd of the month), 11 a.m.–12 p.m.

General Caregiver Support: Thursdays (3rd of the month), 1–2 p.m.

[Click here to learn about caregiver support groups and register.](#)

agespan.org

[CAREER OPPORTUNITIES](#)

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For questions or comments, contact us at 800-892-0890 or
communications@agespan.org

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